



Women's Medicine Collaborative

A program of The Miriam Hospital

Lifespan. Delivering health with care.™

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Bacterial Overgrowth Test
Patient Instructions

***Please bring photo identification and a list of ALL your medications and dosages.**

Test Date: _____ Appointment Time: _____ AM PM

INSTRUCTIONS

Purchase at the Pharmacy

- Fill your prescription for Enulose syrup.

12 Hours Before your test

- Nothing to eat or drink for **12 hours** before your test.
- No gum or candy.

1 Hour Before your test

- **1 hour** before your testing time, drink 5 teaspoons (25 cc ONLY) of Enulose syrup.

This test will take up to 2 hours.

You will be asked to breathe into a collection container to collect your sample.

Results will be given to you the day of your test.

Your will have your test at:

Women's Medicine Collaborative
Center for Women's Gastrointestinal Medicine
146 West River Street
3rd Floor, Suite 11-D
Providence, RI 02904

Please call the office if you have any questions
(401) 793-7080.